

# Protect Older Adults



**Respiratory Syncytial Virus (RSV) infections can be dangerous for some older adults and adults with chronic medical conditions. Take steps to prevent the spread of RSV:**

- Wash hands often
- Keep hands off your face
- Avoid people who are sick
- Cover coughs and sneezes
- Clean and disinfect surfaces
- Stay home when sick
- If recommended, get vaccinated with the RSV vaccine

Source: Centers for Disease Control and Prevention. Respiratory Syncytial Virus Immunizations. Available at [www.cdc.gov/vaccines/vpd/rsv/index.html](http://www.cdc.gov/vaccines/vpd/rsv/index.html).