



# Quality Measure Tip Sheet: Activities of Daily Living—Long Stay

## Quality Measure Overview

- This measure reports the percentage of residents whose need for help with activities of daily living (ADLs) has increased when compared to the prior assessment.
- Measures the **most support provided in the last seven days**, even if that support only occurred once.
- **This measure involves four late-loss ADLs:**
  - Bed mobility
  - Transferring
  - Eating
  - Toileting

### Exclusions:

- All four late-loss ADL items indicate total dependence on the prior assessment (4, 7, 8 coded).
- Three of the late-loss ADLs indicate total dependence on the prior assessment, and the fourth late-loss ADL indicates extensive assistance.
- Resident is comatose.
- Prognosis of life expectancy is less than six months.
- Hospice care is employed.
- Resident is not in the numerator and bed mobility or transferring, eating, or toileting equal [-].

## Ask These Questions ...

- Was the MDS coded per RAI requirements?
  - Is the staff member's coding documentation accurate?
  - Is the MDS designee completing self-observation of care and staff member interviews to determine accuracy of documentation?
  - Has baseline function been determined?
  - Has the root cause for the decline been determined and treated?
  - Has the resident been referred to therapy for treatment?
  - Are underlying health conditions that may be affecting ADL performance being treated?
- Have restorative programs been initiated to rehabilitate or maintain the resident's ADL performance?
  - Does evidence exist of the delivery of services for residents on a restorative program?
  - Is pain/depression managed?
  - Is the resident receiving appropriate assistance from staff members?
  - Are activity pursuits appropriate?
  - Is adaptive equipment available, as needed, to assist the resident?

## MDS Coding Requirements

In the Minimum Data Set (MDS):

- Include look-back period of seven days.
- Code based on resident's level of assistance when using adaptive devices such as a walker, a device to assist with donning socks, a dressing stick, a reacher, or adaptive eating utensils.
- Capture the total picture of the resident's ADL performance 24 hours a day for the entire seven-day period.
- Indicate if the activity occurred three or more times within the seven-day period, using the ADL Self-Performance Algorithm (see the *Resident Assessment Instrument [RAI]*, page G-8).



For guidance on quality measures, reach out to Health Services Advisory Group (HSAG).

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