



Pneumonia Bundle | Risk and Action Tool

If a resident has any of the identified pneumonia risk factors below, use the related action plan to assist in prevention of the infection.

| <input checked="" type="checkbox"/> | Risk | Action |
|-------------------------------------|---|---|
| <input type="checkbox"/> | Adults 65 Years or Older | <ul style="list-style-type: none"> • Vaccinations <ul style="list-style-type: none"> – Influenza vaccine (can reduce risk of developing pneumonia) – Pneumonia vaccine • Proper hand hygiene <ul style="list-style-type: none"> – Soap and water – Alcohol-based sanitizer • Regular oral care <ul style="list-style-type: none"> – Toothbrush – Sponge/Oral wipes |
| <input type="checkbox"/> | Decreased Activity or Mobility | <ul style="list-style-type: none"> • Mobility <ul style="list-style-type: none"> – Range of motion – Turn every two hours – Out of bed as tolerated/ordered by physician – Ambulate as tolerated/ordered by physician – Elevate head of bed (HOB) as tolerated • Deep breathing exercises |
| <input type="checkbox"/> | Malnourishment | <ul style="list-style-type: none"> • Adequate diet/hydration <ul style="list-style-type: none"> – Plenty of fluids (unless medically restricted) – Healthy diet – Tube feedings – Elevate HOB – Monitor for regurgitation – Slow, steady flow (too rapid of infusion can cause regurgitation resulting in aspiration) • Regular oral care <ul style="list-style-type: none"> – Toothbrush – Sponge/Oral wipes |
| <input type="checkbox"/> | Recently Hospitalized | <ul style="list-style-type: none"> • Isolate infected residents |
| <input type="checkbox"/> | Current/Former Smoker | <ul style="list-style-type: none"> • Smoking cessation |
| <input type="checkbox"/> | Brain Disorders, Weakened Immune System, Lung Diseases | <ul style="list-style-type: none"> • Vaccinations <ul style="list-style-type: none"> – Influenza vaccine (can reduce risk of developing pneumonia) – Pneumonia vaccine • Proper hand hygiene <ul style="list-style-type: none"> – Soap and water – Alcohol-based sanitizer • Regular oral care <ul style="list-style-type: none"> – Toothbrush – Sponge/Oral wipes • Dysphagia precautions |
| <input type="checkbox"/> | Poor Oral Hygiene | <ul style="list-style-type: none"> • Regular oral care <ul style="list-style-type: none"> – Toothbrush – Sponge/Oral wipes |

References

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