

# Pneumonia Prevention Bundle

## Hand Hygiene

- Before and after any contact with the resident, body fluids, and secretions



## Diet/Hydration

- Encourage fluids (unless restricted)
- Healthy diet
- Out of bed for meals or elevate head of bed



## Oral Care

- Toothbrush
- Sponge swabs
- Morning, bedtime, and as needed



## Mobility

- Out of bed daily
- For meals as tolerated
- Range of motion
- Ambulate (if able)