



## Individual Nursing Home Antipsychotic Medication Reduction Targets

### I Can See A Reference Line on My Antipsychotic Quality Measure (QM) Trend Graph

#### What This Means

Your nursing home had an antipsychotic medication QM score in the first quarter of 2017 that was either:

- Higher than 20.29 percent<sup>1</sup> **or**
- Greater than 15.73 percent<sup>2</sup> and improved less than 6.47%<sup>3</sup> since the last quarter of 2011.

#### Your Mission

Review how antipsychotic medications are currently being used for each individual in your home. Look for opportunities to appropriately reduce antipsychotic medication use and implement non-pharmacological approaches to care.

#### The First Steps

1. [Check your trend graph!](#) The 15 percent reduction was calculated based on your QM score from early 2017. You may have made significant progress since then and you will be able to see that on your graph.
2. A [case-by-case review](#) of your nursing home's use of antipsychotic and psychotropic medications will help identify residents who are candidates for medication reduction. Make sure you have all the documentation and supports in place for those where you deem reductions to be inappropriate.
3. Remember: the reference line is just that. It is a prompt to [ask questions](#) and to look for opportunities to [improve](#). All residents will benefit from increased focus on individualized care, understanding what triggers discomfort and how unmet needs are communicated, and adding meaningful and pleasant experiences throughout the day.

#### Setting Your Target

The National Partnership to Improve Dementia Care in nursing homes is asking a group of homes (see left) to work to reduce their collective antipsychotic medication use by 15 percent compared to the last quarter of 2011 by the end of 2019. See the Partnership's [Fact Sheet](#) for more information.

While the goal is for the group as a whole to reduce antipsychotic medication use by 15 percent, each home will need to decide on their own target, based on the results of their review and prioritization.

As a guideline only, the Campaign has calculated an individual reference line for your home. Your reference line is calculated as a 15 percent reduction from your own antipsychotic medication QM score in quarter 4 of 2011.

- **Case-by-case review and prioritization:** [Antipsychotic Medication Reduction Resident Prioritization Tool](#)
- **Track antipsychotic medication use and document processes and efficacy:** [Antipsychotic Medication Tracking Tool](#)
- **Assessments, interventions, training, and toolkits:** [NNHQI Campaign Medication Goal and National Partnership to Improve Dementia Care Resource Repository](#)
- **Fact sheets for your families and staff members**

### I Can't Check the Antipsychotic Reduction Reference Line Option

If you are unable to check the option to display an antipsychotic medication reference line for your home, this means that you either (a) did not meet the criteria defined above, or (b) your home did not have baseline data (antipsychotic medication QM score in quarter 4 of 2011). That baseline was necessary to determine whether the original improvement target was met as of quarter 1 of 2017.

#### What Can You Do Now?

On your QM trend graph, compare your home's trend to your state and national trends. Monitor your progress! HSAG is here to help. Contact your HSAG state representative.

<sup>1</sup>20.29 percent is the threshold for the 25 percent of nursing homes with the highest rates of antipsychotic use.

<sup>2</sup>15.73 percent was the national average in the first quarter of 2017.

<sup>3</sup>6.47% is the threshold for the 25 percent of nursing homes with the least improvement during the time-period.