

# Fall Vaccines

**Don't Wait Until It's Too Late to Vaccinate**



## COVID-19 Vaccine

**COVID-19 is a contagious disease that can cause severe illness, hospitalization, and death.**

- The Centers for Disease Control and Prevention (CDC) recommends everyone stay up to date with COVID-19 vaccines.
- Those at highest risk of getting and dying from COVID-19 include:
  - Seniors 65 years of age and over.
  - People with chronic medical conditions, such as heart disease, obesity, and diabetes.
  - Folks living in households with many people.

CDC. COVID-19—[www.cdc.gov/covid/vaccines/stay-up-to-date.html](https://www.cdc.gov/covid/vaccines/stay-up-to-date.html)



## Annual Influenza (flu) Vaccine

**Flu is a contagious lung disease that can cause severe illness, hospitalization, and even death.**

- The CDC recommends everyone 6 months and older should get a flu vaccine every season with rare exceptions. Vaccination is important for people who are at higher risk of serious complications from the flu.
- People at higher risk of serious complications from flu include:
  - Seniors 65 years of age and over.
  - People of any age with certain chronic medical conditions, such as asthma, diabetes, or heart disease.
  - Pregnant women and children under 5 years of age.

CDC. Flu—[www.cdc.gov/flu/prevent/vaccinations.htm](https://www.cdc.gov/flu/prevent/vaccinations.htm)



## Respiratory Syncytial Virus (RSV) Vaccine

**RSV is a common lung virus that usually causes mild, cold-like symptoms. However, RSV can be especially serious for infants and older adults.**

- The CDC recommends an RSV vaccine for everyone ages 75 and older and adults ages 60-74 at increased risk of severe RSV after talking to their doctor.
- People at higher risk of serious illness and complications from RSV include:
  - Infants and older adults with chronic medical conditions, like heart or lung disease, weakened immune systems,
  - Or who live in nursing homes or long-term care facilities.

CDC. RSV—[www.cdc.gov/rsv/vaccines/index.html](https://www.cdc.gov/rsv/vaccines/index.html)



## Pneumococcal Vaccine

**Pneumococcal disease is a name for any infection caused by bacteria called *Streptococcus pneumoniae*, or pneumococcus. Pneumococcal disease is common in young children, but older adults are at greatest risk of serious illness and death.**

- The CDC recommends pneumococcal vaccines for people at increased risk of getting Pneumococcal disease.
- People at increased risk of getting Pneumococcal disease include:
  - Adults 65 years or older.
  - Children younger than 5 years old.
  - People who have ongoing medical conditions.
  - People who smoke cigarettes.

CDC. Pneumococcal—[www.cdc.gov/pneumococcal/vaccines/index.html](https://www.cdc.gov/pneumococcal/vaccines/index.html)

**Contact your healthcare provider today  
for more information and to schedule your vaccination.**