

## Partnership to Individualize Dementia Care in Nursing Homes - Florida

On March 29, 2012 the Centers for Medicare and Medicaid Services (CMS) launched the National Partnership to Improve Dementia Care and Reduce Unnecessary Antipsychotic Medication Use in Nursing Homes. The goal of the partnership is to optimize the quality of life and function of residents in America's nursing homes by improving the approach to meeting the behavioral health needs of all residents, especially those with dementia. As part of the initiative, CMS developed a national action plan that uses a multidimensional approach including public reporting, raising public awareness, regulatory oversight, technical assistance/training and research. The action plan targets enhancing person-centered care for nursing home residents, particularly those with dementia-related behaviors. Watch the CMS video: <http://surveyortraining.cms.hhs.gov/pubs/Videoinformation.aspx?cid=1098>

The Partnership to Improve Dementia Care in Nursing Homes has set a **national** goal of reducing the use of antipsychotic drugs in nursing home residents by 15 percent by the end of 2012.

Unnecessary antipsychotic drug use has been identified as a significant challenge in ensuring appropriate dementia care. A 2011 report by the Health and Human Services Office of Inspector General found that 22 percent of the atypical antipsychotic drugs were not administered in compliance with CMS standards, and a CMS study found that over 17 percent of nursing home patients had daily doses exceeding recommended levels.

### Question nursing homes need to consider when analyzing your data:

- Do you know how you can get your data?
  - Antipsychotic measure specs: <http://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/CertificationandCompliance/Downloads/AntipsychoticMedicationQM>
- Do you know the specific Tags that relate to medication in nursing home regulations?
  - Unnecessary Drugs (F 329). State Operations Manual Appendix PP – Guidance to Surveyors for Long Term Care Facilities: [http://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/som107ap\\_pp\\_guidelines\\_tcf.pdf](http://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/som107ap_pp_guidelines_tcf.pdf) (p.344-427)
  - Pharmacy Services (F425). State Operations Manual Appendix PP – Guidance to Surveyors for Long Term Care Facilities: [http://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/som107ap\\_pp\\_guidelines\\_tcf.pdf](http://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/som107ap_pp_guidelines_tcf.pdf) (p. 519-536)
  - Drug Regimen Review (F428). State Operations Manual Appendix PP – Guidance to Surveyors for Long Term Care Facilities: [http://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/som107ap\\_pp\\_guidelines\\_tcf.pdf](http://www.cms.gov/Regulations-and-Guidance/Guidance/Manuals/downloads/som107ap_pp_guidelines_tcf.pdf) (p. 536-551)
- Have you mobilized your leadership team (DON, Administrator, Medical Director, and Pharmacist)?
- Are you reviewing all residents on antipsychotics at least monthly (or as needed)?
- Have you begun gradual dose reduction (GDR) on appropriate residents?
- Are the residents and their families involved in your process and treated as primary stakeholders?

