



Common Myths in the Diagnosis of Urinary Tract Infections

Myth 1: Urine is cloudy and smells bad		UTI
Myth 2: Urine has bacteria		UTI
Myth 3: Urine has a positive leukocyte esterase (for WBCs)		UTI
Myth 4: Urine contains WBCs		UTI
Myth 5: Urine has nitrates (for bacteria)		UTI
Myth 6: Bacteria in a catheterized urine sample		UTI
Myth 7: Asymptomatic bacteriuria will progress to UTI		UTI
Myth 8: Falls and acute altered mental status changes in the elderly		UTI; Look for another cause first

WBCs = White blood cells
UTI = Urinary Tract Infections

Schulz L, Hoffman R, et al. Top Ten Myths Regarding the Diagnosis and Treatment of Urinary Tract Infections. *Journal of Emergency Medicine*. July 2016. 51(1):25-30.