

# Top 10 Intervention Series:

## #10 Reducing Inpatient Psychiatric Readmissions

### Intervention 10 of a 10-part monthly series brought to you by Health Services Advisory Group (HSAG)

HSAG is spotlighting the 10 practices identified in *Reducing Behavioral Health Readmissions: Strategies and Lessons Learned*.<sup>1</sup> Hospitals using a variety of readmission reduction interventions endorsed **these top 10 practices** as **very important** or **critical** for reducing readmissions.

#### Ideas to help patients be more successful with medication adherence:

- Partner with in-house pharmacy resources: consultation and reconciliation
- Initiate long-acting injectables rather than oral medications whenever appropriate

#### Arrange for “meds-to-beds” services for all patients at discharge:

- Have family member pick-up prescriptions and bring to bedside prior to discharge
- Partner with onsite outpatient (OP) pharmacy for meds-to-beds delivery
- Explore bedside prescription delivery service from a community pharmacy



#### Outpatient related:

- Partner with an existing pharmacy system: implement an onsite OP pharmacy
- Walk patients to the onsite OP pharmacy at discharge
- Develop an onsite medication follow-up clinic

#### Meds-to-Beds Articles that may be helpful:

- [www.pharmacist.com/article/meds-beds-programs-prevent-rehospitalization](http://www.pharmacist.com/article/meds-beds-programs-prevent-rehospitalization)
- [www.pharmacytimes.com/contributor/tyler-clay-pharmd-candidate/2016/09/implementing-meds-to-beds-in-a-community-hospital?p=1](http://www.pharmacytimes.com/contributor/tyler-clay-pharmd-candidate/2016/09/implementing-meds-to-beds-in-a-community-hospital?p=1)
- [www.washingtonpost.com/national/health-science/meds-to-beds-programs-aim-to-prevent-re-hospitalization/2017/09/01/83097d2a-6e1f-11e7-96ab-5f38140b38cc\\_story.html?utm\\_term=.444a6f0bc4db](http://www.washingtonpost.com/national/health-science/meds-to-beds-programs-aim-to-prevent-re-hospitalization/2017/09/01/83097d2a-6e1f-11e7-96ab-5f38140b38cc_story.html?utm_term=.444a6f0bc4db)

See Intervention #6\* for information and resources about helping ensure that patients have coverage for their medications.

For more information, read  
**Reducing Behavioral Health Readmissions:  
Strategies and Lessons Learned at**  
<https://goo.gl/fo0sWr>

To view and consider interventions 1 through 9 please visit [www.hsag.com/bh-resources](http://www.hsag.com/bh-resources).  
1. *The Office of Mental Health in New York.*

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## Intervention #10

### Medications Filled at Discharge

Decrease patient/caregiver stress and reduce the margin for error by providing medications in-hand at discharge for:

- All *new* medications

**NEW!**

- New *doses* of existing medications

**CHANGE!**

- Existing medications *due for refill*

**REFILL!**

For questions, please contact:  
**Dennette Janus, MA, LPC**  
*Quality Improvement Specialist*  
✉ [djanus@hsag.com](mailto:djanus@hsag.com)  
☎ 602.801.6958