

Don't Wait Until It's Too Late to Vaccinate



COVID-19 Vaccine

COVID-19 is a contagious disease that can cause severe illness, hospitalization, and death.

- The Centers for Disease Control and Prevention (CDC) recommends everyone stay up to date with COVID-19 vaccines.
- Those at highest risk of getting and dying from COVID-19 include:
 - Seniors 65 years of age and over.
 - People with chronic medical conditions, such as heart disease, obesity, and diabetes.
 - Folks living in households with many people.

CDC. COVID-19—www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html



Respiratory Syncytial Virus (RSV) Vaccine

RSV is a common lung virus that usually causes mild, cold-like symptoms. However, RSV can be especially serious for infants and older adults.

- The CDC recommends adults 60 years and older may receive a single dose of RSV vaccine after talking to their doctor.
- People at higher risk of serious illness and complications from RSV include:
 - Infants and older adults with chronic medical conditions, like heart or lung disease, weakened immune systems,
 - Or who live in nursing homes or long-term care facilities.

CDC. RSV-www.cdc.gov/vaccines/vpd/rsv/index.html



Annual Influenza (flu) Vaccine

Flu is a contagious lung disease that can cause severe illness, hospitalization, and even death.

- The CDC recommends everyone 6 months and older should get a flu vaccine every season with rare exceptions.
 Vaccination is important for people who are at higher risk of serious complications from the flu.
- People at higher risk of serious complications from flu include:
 - Seniors 65 years of age and over.
 - People of any age with certain chronic medical conditions, such as asthma, diabetes, or heart disease.
 - Pregnant women and children under 5 years of age.

CDC. Flu-www.cdc.gov/flu/prevent/whoshouldvax.htm



Pneumococcal Vaccine

Pneumococcal disease is a name for any infection caused by bacteria called *Streptococcus pneumoniae*, or *pneumococcus*. Pneumococcal disease is common in young children, but older adults are at greatest risk of serious illness and death.

- The CDC recommends pneumococcal vaccines for people at increased risk of getting Pneumococcal disease.
- People at increased risk of getting Pneumococcal disease include:
 - Adults 65 years or older.
 - Children younger than 5 years old.
 - People who have ongoing medical conditions.
 - People who smoke cigarettes.

CDC. Pneumococcal—www.cdc.gov/vaccines/vpd/pneumo/index.html

Contact your healthcare provider today for more information and to schedule your vaccination.



