



## SBAR—Hand Hygiene and Glove Use Reminders

**Leaders:** Please review the following situation, background, assessment, recommendation (SBAR) with your team during your huddle to ensure staff understand the importance of good infection control practices, hand hygiene, and proper glove use.

<b>S</b>	<b>Situation</b>	Resident and staff hand hygiene remains the number one way to prevent the spread of infection. It is important to understand that glove use is not a substitute for hand hygiene. If observations indicate that staff are wearing gloves in the hallways, are double gloving, and are not performing hand hygiene between clean and dirty process (perineal care/wound care/medication administration), these practices place residents and staff at increased risk of infection.
<b>B</b>	<b>Background</b>	<b>Stopping the spread of infection is everyone’s responsibility!</b> Following focused infection-control recommendations can stop the spread of COVID-19 and other infectious diseases. Performing hand hygiene, not double gloving, and changing gloves between dirty and clean tasks reduces the risk of environmental contamination, as well as exposure to blood, other body fluids, hazardous materials, and transmission of infection. <b>Hands should be washed between glove use for at least 20 seconds, or staff can use an alcohol-based hand sanitizer by rubbing the product vigorously on their hands until dry.</b>
<b>A</b>	<b>Assessment</b>	<b>Key points to share with staff:</b> During observation, if staff show confusion on when gloves should be worn and inconsistent hand-hygiene practices, note if the following occur. <ul style="list-style-type: none"> <li>• Gloves are being worn by clinical staff in the hallways.</li> <li>• Staff members are double gloving and not performing hand hygiene between tasks.</li> <li>• Staff are not consistently changing gloves between each task such as dressing changes, removing dirty laundry, and providing trach care.</li> </ul>
<b>R</b>	<b>Recommendation</b>	<b>Key points to share with staff:</b> <ul style="list-style-type: none"> <li>• Gloves are not a replacement for hand hygiene. Do not substitute glove use for hand hygiene.</li> <li>• Make sure you are cleaning your hands before putting on the gloves and cleaning hands after using the gloves.</li> <li>• Always clean hands and change gloves between each task. Ensure you are not wearing the same pair of gloves from one patient to another.</li> <li>• Do not double glove.</li> <li>• Gloves should not be worn in the hallways by clinical staff. Only staff who are handing soiled items or cleaning products should wear gloves; gloves should be removed and hand hygiene performed immediately after task completion.</li> <li>• Never re-use or wash gloves. Ensure the gloves you are putting on are not damaged or visibly soiled. Properly dispose each time.</li> <li>• Ensure hand hygiene assistance is offered to residents after toileting, before meals, and routinely throughout the day.</li> </ul>



## Teach-Back—Hand Hygiene and Glove Use Reminders

**Leaders:** Teach-back is an evidence-based approach to check understanding by asking staff members to state in their own words what they need to know about an educational topic. During today's huddle, please use the following teach-back prompts to confirm that your staff understands the SBAR talking points provided at your huddle.

**Directions:** Ask the following questions to your staff during huddle. Encourage them to respond using their own words. If the explanation is not correct, repeat the recommended answer (provided below each question) and then ask them to explain it again to ensure understanding.

### Teach-Back Starter Sentences for Staff Members

To make sure we all understand the importance of proper hand hygiene and glove use, can you tell me in your own words:

#### 1. What is the number one way to prevent the spread of infections?

*Recommended answer:* Performing proper hand hygiene! Every single time!

#### 2. How would you describe proper glove use in everyday nursing-home care?

*Recommended answers:*

- Gloves are not a replacement for hand hygiene. Do not substitute glove use for hand hygiene.
- Make sure you are cleaning your hands before putting on the gloves and cleaning hands after using the gloves.
- Always clean hands and change gloves between each task. Ensure you are not wearing the same pair of gloves from one resident or task to another. During wound treatments, providing trach care, and handling dirty linen are some examples.
- Gloves should not be routinely worn in the hallways by clinical staff. Only staff who are handling soiled items or cleaning products should wear gloves in these areas. If gloves are required, then they should be removed and hand hygiene performed immediately after task completion.
- Never re-use or wash gloves. Ensure the gloves you are putting on are not damaged or visibly soiled. Properly dispose gloves each time **and** perform hand hygiene immediately after removing.

#### 3. Can you tell me how long you should wash your hands between changing gloves?

*Recommended answer:*

- Hands should be washed between glove use for at least 20 seconds, or staff can use an alcohol-based hand sanitizer by rubbing the product vigorously on their hands until dry.