



Sepsis Safety for Residents and Families

*These tools and resources
provide education to help
residents and families
to prevent sepsis.*

Know the risks. Stop the signs. Act fast.





Overview of Resident/Family Sepsis Safety Packet

Resource	Purpose
Sepsis Resident/Family Letter <i>“About Sepsis and Your Skilled Nursing Facility Stay”</i>	This letter to residents and families of skilled nursing facilities (SNFs) emphasizes the importance of preventing sepsis and recognizing early signs and symptoms of sepsis.
Care Conference Questions and Discussion Points to Help Prevent Sepsis	This checklist provides an overview of the questions residents and family members may consider asking during the SNF care conference meeting. Identifying and asking questions about care helps ensure the resident’s preferences and needs are met, the goals of care are recognized and addressed, and the resident’s health is optimized.
Four Ways to Get Ahead of Sepsis Pocket Card	Print front and back and trim this three-up pocket card for residents, families, and staff to carry, which identifies actions to take to prevent sepsis infections and recognize early signs of sepsis.
Sepsis Zone Tool <i>“Resident’s Plan to Identify Infection and/or Sepsis”</i>	This handout uses color-coded stoplight zones to help identify early signs of infection so the resident/family can seek care before sepsis develops. <ul style="list-style-type: none"> • Green Zone: No signs of infection • Yellow Zone: Caution • Red Zone: Act fast
Post Sepsis: What You as a Survivor Need to Know	This two-page flyer outlines what a resident might expect when admitted to a SNF after a sepsis diagnosis. It covers how he or she might feel, recovery steps, when to seek care, and measures to take to reduce future infection and sepsis risk.
Sepsis Word Search Puzzle	Use this word search puzzle to locate a list of words related to sepsis hidden on this easy grid. Word searches help boost memory, decrease stress and anxiety, and help the participant recognize words associated with sepsis.
Sepsis and Post Sepsis Syndrome Signs and Symptoms Crossword Puzzle	Enjoy this fun crossword game to spot signs and symptoms of sepsis. Crossword puzzles improve memory and concentration, and help the participant recognize words associated with sepsis.
Stay Home When Sick Flyer	Post this flyer to remind family members when they should limit their visitation to the SNF due to symptoms of illness. Following the flyer instructions can help prevent the spread of infection.