
Sepsis Safety Packet and Your Skilled Nursing Facility Stay

Dear Residents and Families:

We want you to be safe during your stay. One way to be safe is to take every step possible to prevent infection—especially sepsis. Sepsis is a serious illness caused by the body's response to an infection. It can damage tissues and organs and even be life-threatening if not treated quickly.¹ We all can take steps to proactively identify and address sepsis risk factors to protect you. One of the many ways we can help prevent sepsis is to work together with you and your family using this Sepsis Safety Packet, which includes:

- Checklist—*Care Conference Questions and Discussion Points to Help Prevent Sepsis*
- Pocket card—*Four Ways to Get Ahead of Sepsis*
- Sepsis self-management zone tool—*Resident's Plan to Identify Infection and/or Sepsis*
- After sepsis information flyer—*Post Sepsis: What You as a Survivor Need to Know*
- Sepsis word search puzzle
- Sepsis crossword puzzle
- Symptom check flyer—*Stay Home When Sick*

We are dedicated to keeping everyone safe and healthy. Our staff is trained to identify and treat signs of infection and sepsis. We also work with your medical providers to communicate to reduce the risk of worsening symptoms.

Thank you for paying attention to this important issue. We want all residents and families to be active in their healthcare. Please talk to our staff with any questions or concerns.

1. Centers for Disease Control and Prevention. Get Ahead of Sepsis. <https://www.cdc.gov/sepsis/hcp/communication-resources/index.html>