

# Care Conference Questions and Discussion Points to Help Prevent Sepsis

When being admitted to a skilled nursing facility (SNF), you and/or your family will participate in a care conference. Use this checklist to discuss details of your stay with the facility's care team.

## General Questions/ Discussion Points



- Team players—who is sitting around the table?
- Visitation hours—are there any restrictions?
- Are podiatry/dental/optometry/psychiatric services available at the facility?
- Does the facility have a copy of my advance directives?
  - If I do not have advance directives, is there someone that can help me with this?

## Care



- How often are baths/showers given?
- Will someone check my skin for sores, bruises, and tears?
- Who washes my clothes?
- How often:
  - Is oral care completed?
  - Is my room cleaned?
  - Will I be assisted to the bathroom?
  - Will my disposable briefs be checked/changed?
- Will my family member be able to help with my care?
  - Family member: “how can I help with my loved one’s care?”
- How long does it take for someone to answer my call light?

## Medical



- Does the facility provide vaccinations?
- If there is a change in my condition, when will the physician be notified?
- What will be done to prevent me from going back to the hospital?
- If I have a do not resuscitate (DNR) order in place, will I still be sent to the hospital?
- Am I at risk for infection/sepsis?
  - What can the facility do to help protect me?
- Does the facility have my up-to-date medication list and vaccine status?
- If on antibiotics:
  - Why am I on antibiotics?
  - Has testing been done to confirm my infection?
  - How long will I be on the antibiotics?

## Diet



- Will I be provided a choice of foods and beverages?
- Will I be offered fluids during the day to stay hydrated? (If not on a fluid restriction.)

