

SRD.NCC

**SERDINCE** 

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ESRD NCC

A great way for family members and friends to learn more, too!

# The ESRD NCC has everything you need—at your fingertips!

The End Stage Renal Disease (ESRD) National Coordinating Center (NCC) works with Medicare (CMS) and other organizations, called Networks, to improve the care received by kidney patients. We create and share education on important topics, which are developed with other kidney patients like you. We make sure you have what you need to know in a way that is easy to find and understand. The ESRD NCC is contracted under Medicare and is not connected to any dialysis company or any other organization.

### www.theKidneyHub.org Is a Mobile Tool for Kidney Patients—It's Like an App!

The Kidney Hub is an easy-to-use online resource for your phone or tablet. It is full of information created by patients for patients. Take it one topic at a time and educate yourself.

The mobile tool has the information you need and connects you to new patient education on:



Kidney transplant



Infection prevention



Home dialysis



Mental health and well-being

The Kidney Hub also connects you with details on what to do during an emergency, (like hurricanes, fires, and floods). It has information on funding sources to support your ideas for education, advocacy, and helping others with kidney disease.

Don't have a smart phone or tablet? Use any web browser on your computer or laptop to visit The Kidney Hub.

#### There is a lot to know about kidney disease.

Find more easy-to-understand resources created by patients for patients on home dialysis, transplant, mental health, and more topics on the ESRD NCC website at <a href="https://www.esrdncc.org/patients">www.esrdncc.org/patients</a>.

# Learn more about your options—transplant and home dialysis may be right for you.

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**Transplant 101 Series** 

developed by patients for

The Transplant 101 series was

patients. These resources help you

better understand the transplant

journey. They explain the kidney

team, a kidney diet, and what to

expect after the transplant.

transplant process, the transplant

### **Choosing Home Dialysis**

If you are thinking about dialysis at home, you have choices. The two different types of home dialysis treatments are: home hemodialysis and peritoneal dialysis. When thinking about the home dialysis options, your healthcare team can assist with

Watch Two Short Videos

These videos—Home Dialysis It
Could Be the Right Choice for You
and Is Transplant Right for Me?—
were developed with people
like you—people on dialysis, or
transplanted, and by the families
of those affected by kidney
disease. They provide overviews
of two important topics in a way

that is just right for new patients

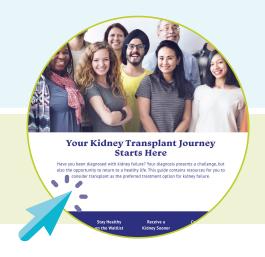
## With Your Care Team If you are thinking about dia



### Visit www.esrdncc.org/NEPOP

and their families.





For more in-depth information on steps to getting a kidney transplant, go to <a href="https://www.kidneytransplanthub.com">www.kidneytransplanthub.com</a>.

