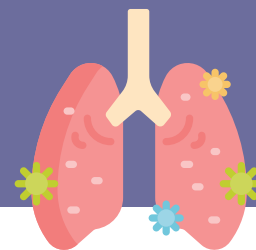


Get the Facts About the Pneumonia Vaccine



Pneumococcal disease is another term used to describe pneumonia. It is spread from person to person through coughing, sneezing, and close contact.

Myth	Fact
Pneumonia is not common nor serious.	Pneumonia can be very serious. It causes 150,000 people to go to the hospital each year.
There is no vaccine for pneumonia.	There are two kinds of vaccines used to help protect against pneumonia. Ask your healthcare team which is right for you.
Pneumonia vaccines aren't safe.	Side effects can occur. Most side effects are mild, meaning they do not affect daily activities.
Only adults aged 65 years and older are at risk for pneumonia.	Anyone can get pneumonia. High-risk groups include: <ul style="list-style-type: none">• People who smoke cigarettes• Certain chronic health conditions, including diabetes, kidney disease, and kidney transplant
You don't need a booster shot	Depending on which vaccine you receive, you may need to get a booster shot after one year and then every 5 years. Ask your healthcare team for more details.

The CDC recommends pneumonia vaccination for adults 19 through 64 years old who have certain chronic medical conditions or other risk factors. Like chronic renal failure and diabetes. The CDC recommends pneumonia vaccination for all adults 65 years or older.

www.nfid.org/infectious-diseases/pneumococcal-disease-myths-and-facts-for-consumers



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