

These bookmarks were developed for patients by patients and are meant to be printed on the front and back of a page. The bookmarks can be cut out and provided to patients and caregivers as a reminder of the importance of vaccinations for people with end stage renal disease (ESRD).

### Vaccine Fatigue?

#### We get it!

Not only are there a lot of vaccines but there is a lot of information. Keep these tips close by as a reminder of HOW vaccines benefit YOU as someone that is immunocompromised.



#### Benefits

- Protects you and others you care about.
- Can make symptoms/outcomes less severe if you get sick.
- Can save time and money by keeping you working, out of the hospital, and/or without serious illness.
- Some vaccines become more effective when receiving them year after year.



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ESRD Networks 7, 13, 15, 17, 18



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## Recommended Vaccines for ESRD Patients\*

### Flu/Influenza:

*Yearly*

### Pneumococcal:

*1–2 shots,  
Possible booster*

### Hepatitis B:

*2–4 shot series*

### COVID-19:

*Per CDC guidelines*

### Shingles:

*Older than 50—  
2 doses, 2–6 months  
apart. Younger than  
50—ask your provider.*

### Tetanus, Diphtheria, and Pertussis (Tdap):

*Booster every  
ten years*

\*Always talk with your doctor about your specific situation and which vaccines are best for you.



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