These bookmarks were developed for patients by patients and are meant to be printed on the front and back of a page. The bookmarks can be cut out and provided to patients and caregivers as a reminder of the importance of vaccinations for people with end stage renal disease (ESRD).

Vaccine Fatigue?

We get it!

Not only are there a lot of vaccines but there is a lot of information. Keep these tips close by as a reminder of HOW vaccines benefit YOU as someone that is immunocompromised.

Benefits

- Protects you and others you care about.
- Can make symptoms/ outcomes less severe if you get sick.
- Can save time and money by keeping you working, out of the hospital, and/or without serious illness.
- Some vaccines become more effective when receiving them year

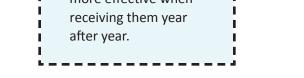
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Recommended Vaccines for ESRD Patients*

Flu/Influenza:

Yearly

Pneumococcal:

1–2 shots, Possible booster

Hepatitis B:

2-4 shot series

COVID-19:

Per CDC guidelines

Shingles:

Older than 50— 2 doses, 2–6 months apart. Younger than 50—ask your provider.

Tetanus, Diphtheria, and Pertussis (Tdap):

Booster every ten years

*Always talk with your doctor about your specific situation and which vaccines are best for you.



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