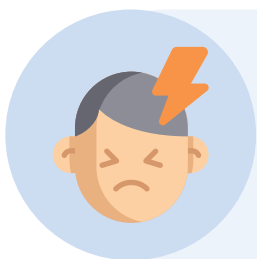


4 Ps of Person-Centered Rounding

Purpose: The 4 Ps of Person-Centered Rounding is a modified version of existing 4 Ps of hourly nurse rounding tools. This tool engages all staff in efforts to decrease the risk of resident falls, pressure injuries, elopement, and other adverse events. By identifying and communicating early changes in resident status and implementing timely interventions, the 4 Ps rounding may assist in nursing home staff's efforts to decrease undesirable outcomes and increase resident satisfaction.

How: Train all staff on how to use this tool and round appropriately according to their job descriptions, duties, and skills. Match the rounding schedule to each resident's care plan. Team leads and supervisors will confirm rounding is appropriately assigned and completed each shift. All staff will confirm resident's location, address the 4 Ps, and respond. Observations will be reported according to established communication channels. After rounding, the resident will be informed of the time frame in which a staff person will return to assist and support him or her.



Pain:

Observe and ask, *"Are you having pain or hurting?"* Look for signs of discomfort, such as grimacing and restlessness, and address according to your job description.



Possessions:

Ask, *"Do you have everything you need within your reach?"* and *"Can I get you anything before I leave?"* Observe to see if the call light and appropriate positional supports are in place (e.g., heel and elbow supports, arm rests, foot supports, etc.), and actively look for trip hazards before exiting.



Position:

If you are a certified nursing assistant (CNA) or nurse, ask, *"May I help you change your position to be more comfortable by relieving pressure points?"* If you are not a CNA or nurse, ask, *"Do you want me to get the CNA or nurse to help you be more comfortable?"*



Potty:

If you are a CNA or nurse, ask, *"May I help you to the bathroom or assist you with personal care?"* If you are not a CNA or nurse and you become aware of a resident's toileting needs, contact a CNA or nurse.

Health Services Advisory Group (HSAG) is the West Centers for Medicare & Medicaid Services (CMS) Quality Innovation Network-Quality Improvement Organization (QIN-QIO) Region 7.